

Women's Shed Canberra Mortimer Lewis Drive Greenway ACT 2900

19 Jan 2025

## PPE Information Sheet: BEFORE YOU BEGIN

## Safety Induction

Our facilitators will conduct a safety induction for all participants. To ensure everyone's safety, we will provide access to high-visibility jackets, safety glasses, and hearing protection from our shared equipment pool.

## Dress for the Occasion

To maintain a safe working environment, please follow these dress guidelines:
☐ Closed Shoes: Must be worn at all times to protect your feet.
☐ <b>Hairstyles:</b> Ensure hair is secured and does not fall onto the face or past the shoulders (e.g., long ponytails should be tied in a bun).
☐ <b>Clothing:</b> Avoid dangling clothing, such as pull cords on hoodies.
☐ <b>Accessories:</b> No long necklaces or dangling earrings that can get caught in machines.
Protective Equipment
☐ <b>Mandatory:</b> Eye protection, ear protection, and gloves must be worn as
required for specific tasks.
☐ <b>High-Visibility Jackets:</b> Provided jackets and name tags must be worn at all
times.

## Personal PPE Kits

PPE is available at our workshops for shared participant use. While this equipment is provided, we strongly recommend starting your kit:

- Hygiene: Minimise shared use by having your dedicated equipment, reducing the risk of contamination and ensuring a clean, sanitary experience every time.
- 2. **Comfort:** Personal PPE is tailored to fit your size and preferences, ensuring greater comfort and ease of use, particularly during longer sessions or activities. A well-fitted kit can improve your focus and productivity by eliminating distractions caused by ill-fitting or uncomfortable gear.
- 3. **Convenience:** Having your own PPE kit means you are always prepared for events and activities, eliminating the need to rely on shared resources or wait for available equipment.
- 4. **Durability:** Investing in personal PPE allows you to choose high-quality items that suit your needs and ensure long-term use, providing better value over time.

Note: Personal PPE kits will be available for purchase via our website.

By coming prepared and following these guidelines, you help us maintain a safe and enjoyable environment for all participants.